STATE PLAN

FOR

INDEPENDENT LIVING

FISCAL YEARS 2005 - 2007

Chapter 1, Title VII of the Rehabilitation Act of 1973, as Amended
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ATTACHMENTS

The following is a list of the attachments in the SPIL. The attachments listed are numbered to coincide with their section. It is recommended that these attachments not exceed a combined total of 40 pages in length.

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Section 1: Purpose of the State Plan for Independent Living (SPIL), under Chapter 1 of Title VII

1.1 Philosophy of the Programs (Sec. 701 of the Act; 34 CFR 364.2)

The State assures that in the implementation of this plan the State will:

(a) Promote a philosophy of independent living (IL), including a philosophy of consumer control, peer support, self-help, self-determination, equal access, and individual, and system advocacy, to maximize the leadership, empowerment, independence, and productivity of individuals with significant disabilities, and to promote and maximize the integration and full inclusion of individuals with significant disabilities into the mainstream of American society by providing financial assistance to States;

(b) Provide financial assistance for providing, expanding, or improving the provision of IL services;

(c) Provide assistance to develop and support a Statewide network of centers for independent living (CILs), operated by consumer-controlled, community-based, cross-disability, nonresidential private nonprofit agencies that are operated within local communities by individuals with disabilities and that provide an array of IL services; and

(d) Advocate for improving working relationships among the various entities providing services to and for people with significant disabilities.

1.2 Participation in the Programs (Sec. 704(a)(1) of the Act; 34 CFR 364.10)

(a) The DSU and SILC understand that no Federal funds or other benefits can be made available under Chapter 1 unless the State conforms with all applicable statutory and regulatory requirements.

(b) This SPIL reflects the State's commitment to carry out an IL plan under Chapter 1 of Title VII of the Rehabilitation Act of 1973, as amended (Chapter 1), and also the State's planning and implementation activities related to the plan.

Section 2: Legal Basis and State Certifications (Sec. 704 of the Act)

(a) As a condition to the receipt of financial assistance under Chapter 1, the Missouri Statewide Independent Living Council (SILC) (Name of Statewide Independent Living Council) jointly with the DSUs, are authorized to develop and sign the SPIL. The DSUs and SILC, agree to administer the programs in compliance with the provisions of the Act, all applicable regulations, policies, and procedures promulgated by the Secretary, and the provisions of this SPIL.

(b) The State legally may carry out each provision of the SPIL and the DSU has the authority under State law to perform the functions of the plan.

(c) All provisions of the SPIL are consistent with State law.

(d) The Missouri Division of Vocational Rehabilitation (DVR) And Missouri Rehabilitation Services for the Blind (RSB) (Title of State Official acting on behalf of DSUs) has authority under State law to receive, hold, and disburse Federal funds made available under the SPIL.

(e) The SPIL being submitted has been adopted or otherwise formally approved by the DSUs and SILC.

(f) The SPIL is the basis for State operation and administration of the Chapter 1 programs, as appropriate, and is available for public inspection.

(g) The effective date of this SPIL is October 1, 2004.

2 If a State's expenditures earmarked to support the general operation of CILs is equal to or greater than the amount of Federal funds allotted to the State for this purpose, and the State has applied in SPIL Section 8 to administer the Part C, Ch. 1 program pursuant to section 723 of the Act, then the DSU must provide administrative support to the CILs; otherwise, the Secretary administers the CIL program pursuant to section 722 of the Act and the approved SPIL and the DSU is not required to provide administrative support services. §704(c)(2) of the Act
Section 3: Plan Submittal

3.1 Frequency of Submittal  (Sec. 704(a)(3) of the Act; 34 CFR 364.11, 364.20(b))

(a) This SPIL is for fiscal years 2005 - 2007. A three-year plan must be submitted every three years by July 1 of the year preceding the first fiscal year for which the plan is submitted.

(b) Plan amendments are submitted whenever the Secretary determines an amendment to the SPIL is essential during the effective period of the plan; or when there is a significant and relevant change that materially affects the information or the assurances in the plan, the administration or operation of the plan, or the organization, policies, or operations of the DSU or SILC.

3.2 State Plan Development  (Sec. 704(a)(2) of the Act; 34 CFR 364.20(c))

The State plan is jointly developed and signed by the directors of the DSUs and the chairperson of the SILC or other individual acting on behalf of and at the direction of the Council.
3.3 Public Hearings  (Sections 17, 704(m)(6) of the Act; 34 CFR 364.20(g), (h))

(a) The State conducts public hearings to provide all segments of the public, including interested groups, organizations, and individuals, an opportunity to comment on the SPIL prior to its submission to RSA, and on any substantive review or revision of the approved SPIL. The DSUs and SILC may meet the public participation requirement by holding the public hearings before a preliminary draft State plan is prepared or by providing a preliminary draft State plan for comment at the public hearings.

(b) The State establishes and maintains a written description of procedures for conducting public hearings in accordance with the following requirements:

(i) The DSUs and SILC shall provide appropriate and sufficient notice of the public hearings. Appropriate and sufficient notice means notice provided at least 30 days prior to the public meeting through various media available to the general public, such as newspapers and public service announcements, and through specific contacts with appropriate constituency groups and organizations identified by the DSUs and SILC.

(ii) The DSUs and SILC shall make reasonable accommodation to individuals with disabilities who rely on alternative modes of communication in the conduct of the public hearings, including providing sign language interpreters and audio-loops.

(iii) The DSUs and SILC shall provide the notices of the public hearings, any written material provided prior to or at the public hearings, and the approved State plan in accessible formats (e.g., Braille, large print, on disk) for individuals who rely on alternative modes of communication.

(iv) At the public hearings to develop the State plan, the DSUs and SILC will identify those provisions in the State Plan that are State-imposed requirements. For purposes of this section, a State-imposed requirement includes any State law, regulation, rule, or policy relating to the DSU's administration or operation of IL programs under Title VII of the Act, including any rule or policy implementing any Federal law, regulation, or guideline, that is beyond what would be required to comply with the regulations in 34 CFR Parts 364, 365, 366, and 367.

Public Hearings

Missouri SILC utilized the following model to obtain input on the SPIL for 2005-2007:

Four statewide public hearings were conducted at sites geographically dispersed throughout the state. The hearings occurred in February 2004. Missouri SILC provided at least a 30-day notice of the hearings. Sites included Jefferson City (02/20/04), St. Louis (02/4/04), Kansas City (02/10/04), and Springfield (02/09/04). Missouri SILC and DSU members conducted the hearings.

Information on the hearing was posted on the SILCs website and advertised via news releases to statewide media markets. Written comment was accepted from the public through May 31,
Missouri’s State Plan Committee members reviewed the public input obtained through the process described above. It was taken into consideration to help formulate the SPIL. Record of the public input is available at the Missouri SILC office for review.

(c) The State identifies State imposed requirements resulting from the application of any State rule or policy relating to the administration or operation of the programs under Chapter 1. Following are descriptions of the State imposed requirements included in the SPIL, if any:

RSB uses an agency developed Independent Living Services Manual in the administration and operation of the Chapter 1, Part B Independent Living Program. The following State imposed requirements are included in this manual and updates.

Economic needs test applied for the following RSB services:
- Physical and mental restoration;
- Transportation except for evaluation of independent living rehabilitation potential;
- Recreational activities;
- Cost of sensory and other technological aids and devices excluding telecommunication aids and devices, over a total amount of $85.00. The $85.00 exclusion applies only to equipment necessary for the consumer to participate in personal vocational adjustment training.

Transportation assistance is only in support of services provided by RSB. Travel by car reimbursed at current State Government rate.
Physical rehabilitation to include provision of needed prostheses and other appliances and devices is limited to $500.00 per individual.
Recreational activities are limited to provision of playing cards and other large print or Braille games.
Maintenance is only when necessary for evaluation of independent living potential.

3.4 Opportunity for Review and Comment Under State Review Process (34 CFR 76.141-142)

If the SPIL or an amendment to the plan is subject to the State review process, such materials are reviewed, and commented on, in accordance with the provisions of Executive Order 12372. Comments provided through the State review process will be transmitted to RSA.
## Section 4: Statewide Independent Living Council (SILC)  
(Sec. 705(a) and (b) of the Act)

### 4.1 Composition of the SILC  
(Sec. 705(b) of the Act; 34 CFR 364.21(b))

<table>
<thead>
<tr>
<th>Question</th>
<th>Answer</th>
</tr>
</thead>
<tbody>
<tr>
<td>(1) State the total number of persons on the SILC.</td>
<td>14</td>
</tr>
<tr>
<td>(2) State the number of SILC members with disabilities, as defined in 34 CFR 364.4 (b), and not employed by a State agency or a CIL</td>
<td>4</td>
</tr>
<tr>
<td>(3) Is a representative of the DSUs an ex-officio, member of the SILC?</td>
<td>YES</td>
</tr>
<tr>
<td>(4) State the number of voting members on the SILC.</td>
<td>12</td>
</tr>
<tr>
<td>(5) State the number of different disability groups (physical, mental, cognitive, sensory, or multiple) represented by members of the SILC (up to five).</td>
<td>3</td>
</tr>
<tr>
<td>(6) Is a CIL director chosen by CIL directors within the State appointed to the SILC?</td>
<td>YES</td>
</tr>
<tr>
<td>(7) Does the SILC include representatives from other State agencies that provide services for individuals with disabilities?</td>
<td>YES</td>
</tr>
<tr>
<td>(8) Does the council have a voting membership that is knowledgeable about CILs and IL services?</td>
<td>YES</td>
</tr>
<tr>
<td>(9) Do Council members provide statewide representation?</td>
<td>NO</td>
</tr>
<tr>
<td>(10) Is the Council Chairperson elected from among the voting members of the Council by the voting members of the Council or the Governor, pursuant to section 705(b)(5) of the Act?</td>
<td>YES</td>
</tr>
</tbody>
</table>

### 4.2 Placement of the SILC  
(Sec. 705(a) of the Act; 34 CFR 364.21(a)(2))

The SILC is not established as an entity within any State agency, including the DSU, and is independent of the DSU and all other State agencies. Following is a brief description of the legal status and placement of the SILC:

The SILC is an independent organization, not an activity within any State Agency, appointed by the Governor.

### 4.3 Plan for Provision of Resources to the SILC (SILC Budget)  
Sec. 705(e) of the Act; 34 CFR 364.21(i))

2005-2007 MO SPIL  
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Effective Date October 1, 2004
(a) In conjunction with the DSUs, the SILC will prepare a Resource Plan (SILC Budget) for the provision of resources, cash or in-kind, including staff and personnel, rent, supplies, telephone expenses, travel, and other expenses (e.g., child care, personal assistance services, and compensation to a member of the SILC, if the member is not employed or must forfeit wages from other employment, for each day the member is engaged in performing SILC duties) that will be necessary to carry out the functions of the SILC during the term of the SPIL.

(b) The SILC will be responsible for the proper expenditure of funds and the use of resources it receives under the SILC Budget.

(c) No conditions or requirements are included in the SILC Budget that will compromise the independence of the SILC.

(d) While assisting the SILC in carrying out its duties under the SPIL, staff and other personnel assigned to the SILC under the SILC Budget will not be assigned duties by the DSU or other agency or office of the State that would create a conflict of interest.

**Attachment 2 - Describes the SILC Budget.**

Attachment 2 must include a description of the SILC’s Budget for the three years covered by the SPIL, including the sources of funds, staff, supplies, and other resources made available under parts B and C of Chapter 1, Part C of Title I of the Act, and from State and other public and private sources, that may be necessary for the SILC to carry out its responsibilities under section 705 of the Act and the SPIL. No conditions or requirements may be included in the SILC’s resource plan that may compromise the independence of the SILC. The SILC is responsible for the proper expenditure of funds and use of resources that it receives under the resource plan. The SILC shall, consistent with State law, supervise and evaluate its staff and other personnel as may be necessary to carry out its functions. While assisting the SILC in carrying out its duties, staff and other personnel made available to the SILC by the DSUs may not be assigned duties by the designated State agency or DSU, or any other agency or office of the State that would create a conflict of interest.
Section 5: Designation and Responsibilities of the State Unit(s)

5.1 Designation (Sec. 704(c) of the Act; 34 CFR 364.22)

The State units designated to receive, account for, and disburse funds, and provide administrative support services are:

The Missouri Division of Vocational Rehabilitation (DVR)

And Missouri Rehabilitation Services for the Blind (RSB)

5.2 DSU Responsibilities under the SPIL (Sec. 704(c) of the Act; 34 CFR 364.22)

The DSU:

(a) Receives, accounts for, and disburses funds received by the State under Chapter 1 in accordance with the SPIL;

(b) Provides administrative support services for the part B State IL services (SILS) program and the part C, Chapter 1, CIL program in a case in which the program is administered by the State under section 723 of the Act;

(c) Keeps such records and affords such access to such records as the Secretary finds to be necessary with respect to the programs; and

(d) Submits the SPIL and such additional information or provides such assurances as the Secretary may require with respect to the programs.
Section 6: Staff and Staff Development

6.1 Personnel Administration (Sec. 12(c), 704(m) of the Act; 34 CFR 364.23)

(a) The staff of service providers will include personnel who are specialists in the development and provision of IL services and in the development and support of CILs.

(b) To the maximum extent feasible, each service provider will make available personnel able to communicate --

(1) With individuals with significant disabilities who rely on alternative modes of communication, such as manual communication, nonverbal communication devices, Braille, or audio tape, and who apply for or receive IL services under the SPIL; and

(2) In the native languages of individuals with significant disabilities whose English proficiency is limited and who apply for or receive IL services under the SPIL.

6.2 Personnel Development (Sec. 12(c), 704(m) of the Act; 34 CFR 364.24)

The State assures that service providers will establish and maintain a program of staff development for all classes of positions involved in providing IL services and, if appropriate, in administering the CIL program. The staff development program will emphasize improving the skills of staff directly responsible for the provision of IL services, including knowledge of the IL philosophy.

6.3 Affirmative Action (Sec. 704(m)(2) of the Act; 34 CFR 364.31)

All recipients of financial assistance under Chapter 1 take affirmative action to employ and advance in employment qualified individuals with disabilities on the same terms and conditions required with respect to the employment of individuals with disabilities under section 503 of the Act.

6.4 Nondiscrimination (34 CFR 76.500)

No individual will, on the basis of race, color, national origin, gender, age, or disability be excluded from participation in, denied the benefits of, or otherwise be subjected to discrimination under this SPIL.
Section 7: Financial Administration

7.1 General Provisions (Sec. 704(m)(3) of the Act; 34 CFR 364.34)

All recipients of financial assistance under Chapter 1 will adopt such fiscal control and fund accounting procedures as may be necessary to ensure the proper disbursement of and accounting for funds paid to the State under Chapter 1.

7.2 Source of State Funds (Sections 712(b)(2) and 7(7)(C) of the Act; 34 CFR 365.12, .13 and .14, 367.11, .42)

(a) The one to nine non-Federal share of the cost of any project that receives assistance through an allotment under part B, Chapter 1 will be provided in cash or in kind, fairly evaluated, including plant, equipment, or services, consistent with 34 CFR 365.13, .14, and .15.

(b) For the purpose of determining the Federal share with respect to the State, expenditures by a political subdivision of the State will, subject to regulations prescribed by the Secretary, be regarded as expenditures by the State.

(c) The State may not condition the award of a grant, subgrant, or contract under part B, Chapter 1 or a grant, subgrant, or assistance contract under part C, Chapter 1 on the requirement that the applicant for the grant or subgrant make a cash or in-kind contribution of any particular amount or value to the State. Furthermore, an individual, entity, or organization that is a grantee or subgrantee of the State, or has a contract with the State, may not condition the award of a subgrant or subcontract under part B, Chapter 1 or part C, Chapter 1 on the requirement that the applicant for the subgrant or subcontract make a cash or in-kind contribution of any particular amount or value to the State or to the grantee or contractor of the State.
7.3 Financial Record Keeping (Sec. 704(m)(4)(A) and (B) of the Act; 34 CFR 364.35)

All recipients of financial assistance under Chapter 1 will:

(a) Maintain records that fully disclose--

(1) the amount and disposition by each recipient of the proceeds of such financial assistance,

(2) the total cost of the project or undertaking in connection with which such financial assistance is given or used, and

(3) the amount of that portion of the cost of the project or undertaking supplied by other sources; and

(4) compliance with the requirements of Chapter 1 and 34 CFR Parts 364, 365, 366, and 367.

(b) Maintain such other records as the Secretary determines to be appropriate to facilitate an effective audit.

7.4 Access to Financial Records (Sec. 704(m)(4 & 5) of the Act; 34 CFR 364.37)

All recipients of financial assistance under Chapter 1 will afford access to the Secretary and the Comptroller General or any of their duly authorized representatives, for the purpose of conducting audits and examinations, to all records maintained pursuant to section 7.3 of the SPIL immediately above and any other books, documents, papers, and records of the recipients that are pertinent to the financial assistance received under Chapter 1.

7.5 Financial Reports (Sec. 704(m)(4)(D) of the Act; 34 CFR 364.36)

All recipients of financial assistance under Chapter 1 will submit reports with respect to records required in section 7.3 of the SPIL, as the Secretary determines to be appropriate.

Section 8: State Administration of Part C Program

NOTE - THIS SECTION APPLIES ONLY TO §723 STATES.

Section 8 does not apply to State of Missouri because it is a 722 State. RSA administers the Title VII, Part C program. Attachment 4 describes the policies, practices, and procedures, which comply with section 723 of the Act, that the State utilizes for awarding continuation and new grants. It does not apply to State of Missouri.
**Section 9:** Information on Use of Part B, Chapter 1 Funds

9.1 Use of §711 funds in support of §713 purposes  
(Sec. 713 of the Act; 34 CFR 365.1)

<table>
<thead>
<tr>
<th>Part B Funds are to be used only for any one or more of the following purposes (all optional):</th>
<th>Directly by DSU</th>
<th>Grant/Contract</th>
<th>Dollar Amt.</th>
</tr>
</thead>
<tbody>
<tr>
<td>(a) Fund the resource plan for SILC (SPIL Section 4).</td>
<td>YES</td>
<td>NO</td>
<td>$34,898</td>
</tr>
<tr>
<td>(b) Provide IL services to individuals with significant Disabilities</td>
<td>YES</td>
<td>YES</td>
<td>$42,847</td>
</tr>
<tr>
<td>(c) Demonstrate ways to expand and improve IL services.</td>
<td>YES</td>
<td>YES</td>
<td></td>
</tr>
<tr>
<td>(d) Support the general operation of CILs.</td>
<td>YES</td>
<td>YES</td>
<td>$206,913</td>
</tr>
<tr>
<td>(e) Support activities to increase capacity of public or nonprofit agencies and organizations and other entities to develop comprehensive approaches or systems for providing IL services.</td>
<td>NO</td>
<td>YES</td>
<td></td>
</tr>
<tr>
<td>(f) Conduct studies and analyses, gather information, develop model policies and procedures, and present information, approaches, strategies, findings, conclusions, and recommendations to Federal, State, and local policy makers to enhance IL services.</td>
<td>NO</td>
<td>YES</td>
<td></td>
</tr>
<tr>
<td>(g) Train individuals with significant disabilities, individuals providing services to individuals with significant disabilities, and other persons regarding IL philosophy.</td>
<td>NO</td>
<td>YES</td>
<td></td>
</tr>
<tr>
<td>(h) Provide outreach to unserved or underserved populations, including minority groups and urban and rural populations.</td>
<td>NO</td>
<td>YES</td>
<td></td>
</tr>
</tbody>
</table>

**Attachment 1** describes the uses, objectives, and amounts of part B, Chapter 1 funds supporting each purpose.

**Section 10: Outreach**  
(Sections 704(l) and 713(7) of the Act; 34 CFR 364.32)

The State reaches out to populations, including minority groups and urban and rural populations that are unserved or underserved by the programs funded under Chapter 1.

**Attachment 1** describes the steps that will be taken regarding outreach to populations, including minority groups and urban and rural populations that are unserved or underserved by the programs funded under Chapter 1. Attachment 1 also describes
populations designated for special outreach efforts and the geographic areas in which they reside (e.g., individuals with significant disabilities residing on land controlled by American Indians.)

Section 11: Extent and Scope of IL Services (Sections 7(30), 704(e) and 713(1) of the Act; 34 CFR 364.43)

(a) Attachment 1 describes all IL services to be provided under the SPIL to meet the objectives in Section 10.

(b) The State provides the following IL core services to individuals and groups of individuals with significant disabilities:

   (1) Information and referral;

   (2) IL skills training;

   (3) Peer counseling (including cross-disability peer counseling); and

   (4) Individual and systems advocacy,

(c) The IL core services may be provided directly by the DSU, or through grant or contract. While the State is required to provide these services, it may fund the services using funds from any source, e.g., part B or part C, Chapter 1, State funds, or other funds.

(d) In addition, the State provides the following IL services to individuals and groups of individuals with significant disabilities:

   (1) Counseling services, including psychological, psychotherapeutic, and related services;

   (2) Services related to securing housing or shelter, including services related to community group living, and supportive of the purposes of this Act and of the titles of this Act, and adaptive housing services (including appropriate accommodations to and modifications of any space used to serve, or occupied by, individuals with significant disabilities);

   (3) Rehabilitation technology;

   (4) Mobility training;

   (5) Services and training for individuals with cognitive and sensory disabilities,

4 Insert an "X" or check mark for each IL service that will be made available. It is not necessary to insert any projection of numbers of consumers to be served.
including life skills training, and interpreter and reader services;

(6) X Personal assistance services, including attendant care and the training of personnel providing such services;

(7) X Surveys, directories, and other activities to identify appropriate housing, recreation opportunities, and accessible transportation, and other support services;

(8) X Consumer information programs on rehabilitation and IL services available under this Act, especially for minorities and other individuals with disabilities who have traditionally been unserved or underserved by programs under this Act;

(9) X Education and training necessary for living in the community and participating in community activities

(10) Supported living;

(11) X Transportation, including referral and assistance for such transportation;

(12) X Physical rehabilitation;

(13) Therapeutic treatment;

(14) X Provision of needed prostheses and other appliances and devices;

(15) X Individual and group social and recreational services;

(16) X Training to develop skills specifically designed for youths who are individuals with significant disabilities to promote self-awareness and esteem, develop advocacy and self-empowerment skills, and explore career options;

(17) X Services for children with significant disabilities;

(18) X Services under other Federal, State, or local programs designed to provide resources, training, counseling, or other assistance of substantial benefit in enhancing the independence, productivity, and quality of life of individuals with significant disabilities;

(19) X Appropriate preventive services to decrease the need of individuals with significant disabilities assisted under this Act for similar services in the future;

(20) X Community awareness programs to enhance the understanding and integration into society of individuals with disabilities; and

(21) X Such other services as may be necessary and not inconsistent with the provisions of this Act.
Attachment 1 describes the extent and scope of the IL services identified above, and how they meet the State's objectives for IL. The attachment also describes any arrangements of grants or contracts made by the State for providing such services.

Section 12: Eligibility, Records, IL Plans, and Notice of Client Assistance Program

12.1 Eligibility for Receipt of Services  (Sections 7(15)(B) and 703 of the Act; 34 CFR 364.51)

(a) Individuals with significant disabilities are eligible for services provided under the SPIL.

(b) To be eligible, an individual is one:

(1) Who has a significant physical, mental, cognitive, or sensory impairment;

(2) Whose ability to function independently in the family or community or whose ability to obtain, maintain, or advance in employment is substantially limited; and

(3) For whom the delivery of IL services will improve the ability to function, continue functioning, or move towards functioning independently in the family or community or to continue in employment.

12.2 Consumer Service Record  (Sections 704(m)(4)(B), 725(c)(8) of the Act; 34 CFR 364.53)

A consumer service record (CSR) will be maintained for each consumer of services, other than information and referral, which will contain documentation that the consumer is eligible or ineligible for IL services, the information required for the annual performance report under 34 CFR 364.36 and 366.50(h), and an IL plan (ILP) or a waiver as described in SPIL Section 13.3.

12.3 IL Plans  (Sec. 704(e) and 725(c)(14) of the Act; 34 CFR 364.52)

The State provides IL services under Chapter 1 to individuals with significant disabilities in accordance with an ILP mutually agreed upon by an appropriate staff member of the service provider and the individual, unless the individual signs a waiver stating that such a plan is unnecessary.

12.4 Notice about the Client Assistance Program  (Sections 20 and 704(m)(1) of the Act; 34 CFR 364.30)

All recipients of financial assistance under Chapter 1 that provide services to individuals with significant disabilities advise those individuals seeking or receiving IL services about the availability of the Client Assistance Program under section 112 of the Act, the purposes of the services provided under such program, and information on the means of seeking assistance under such program.
Section 13: Statewide Network of Centers for Independent Living (CILs)

13.1 Network Design (Sec. 704(g) of the Act; 34 CFR 364.25(a))

The State has developed a design for the establishment of a statewide network of CILs that comply with the standards and assurances set forth in section 725 of the Act.

13.2 Unserved and Underserved Areas and Priorities (Sec. 704(g) of the Act; 34 CFR 364.25(b))

(a) The network design:

(i) identifies unserved and underserved geographic areas of the State; and

(ii) includes an order of priority for the establishment of CILs in those areas.

Attachment 1 describes the design for the establishment of a statewide network of CILs and the order of priorities for the establishment of new CILs. This attachment should be visionary. If the State believes the network is complete, the attachment describes the network, including how it complies with §725 of the Act future plans for expansion of the network to serve populations that are currently unserved or underserved.

Section 14: Communication, Cooperation, and Coordination (Sections 704(I-k) of the Act; 34 CFR 364.26 and .27)

(a) The State takes steps that maximize the communication, cooperation, coordination, and working relationships among --

(1) the SILS program, the SILC and CILs; and

(2) the DSUs, other State agencies represented on the SILC, other councils that address the needs of specific disability populations and issues, and other public and private entities, including Indian Tribal Councils, determined to be appropriate by the SILC.

(b) The State ensures that services funded under Chapter 1 will complement and be coordinated with other services to avoid unnecessary duplication with other Federal, State, and local programs, including the IL program for older individuals who are blind funded under Chapter 2 of Title VII.

(c) The State coordinates Federal and State funding for CILs and SILC.

Section 15: Evaluation Plan (Sec. 704(n) of the Act; 34 CFR 364.38)
(a) The State establishes a method for the periodic evaluation of the effectiveness of the SPIL:

(1) In meeting the State's objectives and timelines for meeting those objectives;

(2) In the satisfaction of individuals with disabilities; and

(3) In meeting the objectives established in Section 9 of the SPIL.

(a) The State agrees to annually submit the results of DSU and SILC evaluation activities, including the most recent evaluation of Title VII consumer satisfaction, with the annual performance report to RSA.
ATTACHMENT I: MISSION, GOALS, AND OBJECTIVES

The mission of the independent living services in the State of Missouri is to promote a philosophy of independent living, including a philosophy of consumer control, peer support, self-help, self-determination, equal access, and individual, self and system advocacy, in order to maximize the leadership, empowerment, independence, and productivity of individuals with significant disabilities and the integration and full inclusion of such individuals into the mainstream of American society.

Use of Title VII, Part B, Chapter 1 Funds (Section 9)

Five of the twenty-one CILs in Missouri receive Part B monies to provide independent living services to individuals with severe disabilities and to support the operations of centers. Rehabilitation Services for the Blind (RSB) Chapter 1, Part B monies are all spent to directly provide through the RSB staff independent living services to individuals who are blind and visually-impaired (Purpose B, Section 10.1 of the preprint).

Four staff members of the Division of Vocational Rehabilitation are assigned partial duties related to activities as defined in Chapter 1 of the Rehabilitation Act as Amended. Salaries were prorated and charged to Part B, Chapter 1 funds.

Part B, Chapter 1 monies are used to support the development of the State Plan for Independent Living; monitor, review, and evaluate the implementation of the SPIL; coordinate activities with the State Rehabilitation Council; prepare periodic reports; train individuals with disabilities and individuals providing services to individuals with disabilities, and support the general activities of the SILC.

USES, OBJECTIVES, AND AMOUNTS OF PART B, CHAPTER 1 FUNDS

Payment to Centers for Independent Living (DVR)

5 of the 21 CILs in Missouri receive Part B monies to provide independent living services to individuals with severe disabilities and to support the operations of centers.

<table>
<thead>
<tr>
<th></th>
<th>2005</th>
<th>2006</th>
<th>2007</th>
</tr>
</thead>
<tbody>
<tr>
<td>Title VII, Chapter 1, Part B</td>
<td>$206,913</td>
<td>$206,913</td>
<td>$206,913</td>
</tr>
<tr>
<td>State Match for Chapter 1, Part B</td>
<td>$30,845</td>
<td>$30,845</td>
<td>$30,845</td>
</tr>
</tbody>
</table>
Direct Services (RSB)

RSB Chapter 1, Part B monies are all spent to directly provide through RSB staff independent living services to individuals who are blind and visually-impaired (Purpose B, Section 10.1 of the preprint).

<table>
<thead>
<tr>
<th></th>
<th>2005</th>
<th>2006</th>
<th>2007</th>
</tr>
</thead>
<tbody>
<tr>
<td>Title VII, Chapter 1, Part B</td>
<td>$42,847</td>
<td>$42,847</td>
<td>$42,847</td>
</tr>
<tr>
<td>State Match for Chapter 1, Part B</td>
<td>$4,760</td>
<td>$4,760</td>
<td>$4,760</td>
</tr>
</tbody>
</table>

Administration

Four staff members of the Division of Vocational Rehabilitation were assigned partial duties related to activities as defined in Chapter 1 of the Rehabilitation Act as Amended. Salaries were prorated and charged to Part B, Chapter 1 funds. One staff member was assigned partial duties relating to SILC activities from RSB.

<table>
<thead>
<tr>
<th></th>
<th>2005</th>
<th>2006</th>
<th>2007</th>
</tr>
</thead>
<tbody>
<tr>
<td>DVR</td>
<td>$45,692</td>
<td>$45,692</td>
<td>$45,692</td>
</tr>
<tr>
<td>RSB</td>
<td>$13,498</td>
<td>$13,498</td>
<td>$13,498</td>
</tr>
</tbody>
</table>

Statewide Independent Living Council

Part B, Chapter 1 monies were used to support the development of the State Plan for Independent Living; monitor, review, and evaluate the implementation of the SPIL; coordinate activities with the State Rehabilitation Advisory Council; prepare periodic reports, and; train individuals with disabilities and individuals providing services to individuals with disabilities.

<table>
<thead>
<tr>
<th></th>
<th>2005</th>
<th>2006</th>
<th>2007</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$34,898</td>
<td>$34,898</td>
<td>$34,898</td>
</tr>
</tbody>
</table>

Significant informal discussions concerning the advantages of the SILC obtaining 501(c)(3) status have been held throughout the year. These discussions were between members of the SILC, VR, CIL personnel and members of the disability community. As a result, the Missouri SILC elected to explore in depth the 501(c)(3) issue as an objective in the 2005-2007 SPIL. The SILC chair appointed a committee for this purpose, whose initial tasks shall be to communicate with states that have established 501(c)(3) status, as well as those states intending to pursue such status. In addition, the committee shall work with Missouri CILs and the disability community at large to gather input on such a potential change in the status of the SILC. The DSUs shall also contact their counterparts in other states with a 501(c)(3) SILC for their analysis of the effectiveness of such status. Ultimately, the decision of pursuing such status or not, shall be done based on whether it will provide a strong, effective SILC without compromising the relationships with the CILs, DSUs or the disability community.
Objective 1.1: At no cost, to explore by an ad hoc committee, the feasibility and desirability of becoming a 501 (c)(3) organization through the first year of the SPIL.

Objective 1.2.1: The SILC, with appropriate funding, will organize and complete the development of the SILC as a 501 (c)(3) entity.

Objective 2.1: At no cost, the SILC and DSUs will work jointly to assure that the Missouri legislature and the Governor’s Office are aware of the funding priorities as described in this plan and will work to promote the adherence of said priorities. The SILC Chair will send a letter to the Governor per approval of the Council regarding these priorities annually.

Outreach (Section 10)

The Missouri Statewide Independent Living Council, Division of Vocational Rehabilitation and Rehabilitation Services for the Blind are committed to promoting the participation of minority individuals and groups in all aspects of independent living services and the independent living movement. A primary commitment continues to be service to serving a broader range of culturally diverse communities all areas of Missouri.

Over the course of the previous plan years (2002-2004) much was accomplished in improving communication and working liaisons between the Statewide Independent Living Council, and the Centers for Independent Living, and the community, in order to enhance outreach efforts statewide. This has been accomplished in large part through incorporating Center staff in every SILC committee (with the exception of the Executive Committee), and the development and maintenance of a SILC website.

The SILC and the DSUs continue to work jointly in advocating for increased state appropriations for existing CILs in order to continually increase the capacity to provide quality independent living services statewide.

Objective 3.1: At no additional cost, outreach efforts in collaboration with the CILs will be focused on increasing independent living services to the ethnic minority populations statewide.

Objective 3.2: Request funding (any combination of State and Federal) restoration plus COLA annually per schedule below:

<table>
<thead>
<tr>
<th>Consumer Price Indexes for:</th>
<th>2001</th>
<th>2002</th>
<th>2003</th>
<th>Projected:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>2.9%</td>
<td>1.6%</td>
<td>3.0%</td>
<td>2.5%</td>
</tr>
<tr>
<td></td>
<td>7,253 + 250,111 =</td>
<td>4,118 + 257,364 =</td>
<td>7,844 + 261,482 =</td>
<td>6,733 + 269,326 =</td>
</tr>
<tr>
<td></td>
<td>$257,364</td>
<td>$261,482</td>
<td>$269,326</td>
<td>$276,059</td>
</tr>
</tbody>
</table>

A national study by ILRU in the year 2000 indicated that the average minimum funding for a Center for Independent Living was $250,111.00.
<table>
<thead>
<tr>
<th>Year</th>
<th>Percentage</th>
<th>Calculation</th>
<th>Funding</th>
</tr>
</thead>
<tbody>
<tr>
<td>2005</td>
<td>2.5%</td>
<td>6,901 + 276,059 =</td>
<td>$282,960</td>
</tr>
<tr>
<td>2006</td>
<td>2.5%</td>
<td>7,074 + 282,960 =</td>
<td>$290,034</td>
</tr>
<tr>
<td>2007</td>
<td>2.5%</td>
<td>7,251 + 290,034 =</td>
<td>$297,285</td>
</tr>
</tbody>
</table>

**Objective 3.3:** Support the translation of descriptive narrative versions of SILC and Independent Living literature and media. Upon completion of the 501(c)(3), the SILC will seek outside sources of funding, possibly grants to support this objective.

A priority of the SILC, DSUs, and CILs, along with other service agencies within the state, including the Division of Mental Retardation/Developmental Disabilities, Medical Services Agency, Governor’s Council on Disability, etc. is to ensure full implementation of the Olmstead decision in Missouri. These groups have a collaborative commitment to locate and assist individuals with disabilities who are residing in nursing homes or other facilities, who are able to and desirous of living in a more integrated community setting. Further, there is commitment to locate and assist individuals with disabilities who are at risk of going into nursing homes or other facilities but who are able and desirous of remaining in a more integrated community setting. Lastly, there is commitment to provide leadership in the continuous effort to fully implement the Olmstead decision in Missouri.

**Objective 4.1:** At no additional cost, efforts will be made to provide information by all entities to individuals unnecessarily institutionalized with disabilities in need of moving out of a nursing home or other facility, or at risk of moving into a nursing home or other facility and will refer individuals to a CIL for assistance.

**Objective 4.2:** At no cost, the SILC will include the new core service which is to De-institutionalize those persons with a disability who would like to move into the community and out of a nursing home.

The SILC, the DSUs and the CILs recognize that successful implementation of the Olmstead decision in Missouri, as measured by consumer satisfaction with level of independent living, requires considerable improvements in community infrastructure. Areas requiring improvement include adequate, affordable, accessible **housing** and **transportation**. Such improvements will not come about without considerable effort to educate community leaders, business owners, service providers, and legislators as to the nature and degree of need. There is commitment by the SILC, the DSUs, and the CILs to collaborate and cooperate to be leaders in educating to bring about change in this regard.

Problems with transportation in Missouri can be identified in terms of funding, education and coordination. Many people with disabilities live on fixed incomes that prohibit ownership, operation and maintenance of a personal vehicle and are therefore dependent on public transportation. There is a large discrepancy between rural and urban transportation funding. According to 1999 Status Report on Public Transportation in Rural America, 27% of the U.S. population lives in rural areas but only 5.5% of federal transportation funds are allocated towards rural areas and for 41% of rural residents in America, there is no public transportation. Many drivers and providers lack a general disability sensitivity, including poor awareness of the transportation governance’s of the ADA, Section 504 of the Act, and rules of the Federal Transit Authority.
Authority. Many potential consumers of accessible public transportation are not aware of the options available to them. Currently there is no coherent statewide transportation planning organization for persons with disabilities. There is a lack of meaningful accessible transportation coordination between such entities as MODOT, MARC (Mid-America Regional Council), OATS, Bi-State, KCATA, Church Transportation, Workforce Development, local taxis, aging/senior groups, and school districts.

Objective 5.1: At no additional cost, the SILC will partner with the DSUs and the CILs to provide education and advocacy through contact with legislators, position papers, media releases and meetings with community leaders and service providers, to increase awareness and commitment for increased accessible transportation.

The SILC and the DSUs recognize the importance of assuring that Missourians with disabilities have access to information that will enhance their ability to find affordable housing and related emergency services. Many associated housing emergency services prevent loss of present housing and possible institutionalization. The limited supply of appropriate housing and associated services also demands that the SILC and DSUs advocate changes in present state regulations that limit housing options.

The following objectives will be pursued to address these issues:

Objective 6.1: At no additional cost, the SILC will partner with the DSUs and the CILs to provide education and advocacy through contact with legislators, position papers, media releases and meetings with community leaders and service providers, to increase awareness and commitment for increased accessible housing.

Objective 6.2: At no additional cost, the SILC will continue training for CIL personnel and other advocates on accessing existing programs to enhance or increase access to affordable, accessible housing and emergency services. Representatives of the Missouri Housing Development Commission, Department of Economic Development and Department of Social Services will be invited to make panel presentations to CIL executive directors and other advocates.

Objective 6.3: At no additional cost, the SILC will identify information about the availability of rental assistance, home repair and home ownership programs in Missouri and encourage the CILs to access this information locally and make available to consumers. Links to this information will be provided on the SILC web site.

Objective 6.4: At no additional cost, SILC will support advocacy efforts to implement changes in state and local construction and housing regulations, which currently limit accessible and affordable housing options for consumers.

Objective 6.5: At no additional cost, the SILC will advocate to support legislation that addresses the housing needs of persons with disabilities in Missouri.

Objective 6.6: At a cost of $2000, the SILC will hold two (2) state-wide trainings on Universal Design.
With the passage of the Ticket to Work, Work Incentives Improvement Act, the SILC, DSUs and CILs recognize the important benefits to Missourians with disabilities. As is currently true across the nation, many persons with disabilities in Missouri prefer to work and have much to contribute to the work force and tax base in Missouri. However, many barriers prohibit exercising this preference. The members of the SILC, staff of the DSUs, as well as CIL staff and Board members are very familiar with these barriers, applaud the intent of Ticket to Work, and are committed to working with the disability community at large to insure the removal of barriers and the full implementation of Ticket to Work, as intended by its drafters, in Missouri. As a result of this commitment, the SILC was instrumental in the establishment of the Missouri Ticket to Work Coalition and continues to participate in its activities and to provide technical support.

**Objective 7.1:** At no additional cost, the SILC will continue its participation in the Missouri Ticket to Work Coalition until such time as the Coalition is dissolved. A SILC member will attend the Ticket to Work meetings and report their progress to the SILC.

**Objective 7.2:** Coordinate with BPAO specialists to identify individuals prevented from work or dropped from the program due to change in Medicaid benefits.

**Objective 7.3:** At an estimated cost of $7500 from the SILC Technical Assistance funds, the SILC, the DSU and CILs will continue to administer and carry out the obligations of the BPAO grant, in order to further assist persons with disabilities in Missouri in the decision making process regarding their employment and their individual benefits, particularly after the implementation of Ticket to Work in Missouri. Ongoing through this entire plan period and beyond, through the life of the grant.

**Extent and Scope of IL Services (Section 11)**

**EXTENT**

**MISSOURI DIVISION OF VOCATIONAL REHABILITATION**

The Missouri Division of Vocational Rehabilitation manages all Title VII, Part B monies and State appropriations granted to local centers for independent living. In addition to the four independent living core services of (a) information and referral, (b) independent living skills training, (c) peer counseling (including cross-disability peer counseling), and (d) individual and systems advocacy, the CILs provide the following IL services to persons with significant disabilities as funding permits:

1. Services related to securing housing or shelter, including services related to community group living, and supportive of the purposes of the Act and of the titles of this Act, and adaptive housing services (including appropriate accommodations to and modifications of any space used to serve, or occupied by individuals with disabilities);

2. Rehabilitation technology;
3. Services and training for individuals with cognitive and sensory disabilities, including life skills training, and interpreter and reader services;

4. Personal assistance services, including attendant care and the training of personnel providing such services;

5. Surveys, directories, and other activities to identify appropriate housing, recreation opportunities, accessible transportation, and other support services;

6. Consumer information programs on rehabilitation and independent living services available under this Act, especially for minorities and other individuals with disabilities who have traditionally been unserved or underserved by programs under this Act;

7. Education and training necessary for living in the community and participating in community activities;

8. Transportation, including referral and assistance for such transportation;

9. Provision of needed prostheses and other appliances and devices;

10. Individual and group social and recreational services;

11. Training to develop skills specifically designed for youths who are individuals with disabilities to promote self-awareness and esteem, develop advocacy and self-empowerment skills, and explore career options;

12. Services for children.

13. Services under other Federal, State, or local programs designed to provide resources, training, counseling, or other assistance of substantial benefit in enhancing the independence, productivity, and quality of life of individuals assisted under this Act for similar services in the future;

14. Appropriate preventive services to decrease the need of individuals assisted under this Act for similar services in the future;

15. Community awareness programs to enhance the understanding and integration into society of individuals with disabilities; and

16. Such other services as may be necessary and not inconsistent with the provisions of this Act.

SCOPE

The Centers for Independent Living (CILs) around the state will provide the four core IL services to Missourians with significant disabilities as indicated in Section 11 of the SPIL. Independent Living services are available in all counties through the existing network of centers.
The DSUs and SILC have agreed to work in conjunction with the CILs to meet the objectives identified in Attachment 1 which details service capacity building.

The Service Capacity committee of the SILC has developed a workplan with action steps to address the expansion of services to IL consumers. Timelines have been established, primary responsibilities assigned, desired outcomes identified and resource needs have been listed.

In the intake process for Title I services, DVR shall inform the client of IL services. The client will be referred to the CIL, who will be responsible for IL services.

The Directors of Independent Living Services and Personal Attendant Service (PAS) will continue to meet and work with organizational representatives of CILs to maximize ongoing communications and working relationships with the CILs.

DVR will continue to utilize other state and local agencies through concurrent support services and/or referrals. These agencies include the Department of Elementary and Secondary Education, Department of Social Services, Rehabilitation Services for the Blind, Employment Security, the Governor's Council on Disability, the Missouri Head Injury Association, and the Department of Mental Health.

PERSONAL ASSISTANCE SERVICES

The Division of Vocational Rehabilitation operates three (3) Consumer-Directed Personal Assistance Services programs for the benefit of consumers who require personal care services to live independently or to be employed. The programs are Non-Medicaid Eligible, Medicaid State Plan and Independent Living Waiver. These statewide programs are administered locally by the Centers for Independent Living.

The Non-Medicaid Eligible program has been in existence since 1985 and serves consumers with physical disabilities who are in need of personal care services and are not Medicaid eligible. The Medicaid State Plan program began in 1994 and targets the Medicaid eligible population with physical disabilities who require personal care services up to a monthly maximum. The Independent Living Waiver program started January 1, 2000 and serves the Medicaid eligible population with physical or cognitive disabilities who require personal care services above the Medicaid State Plan maximum or need specialized medical equipment and supplies or environmental accessibility adaptations or case management.

Effective July 1, 2000 flexible funding language in the Department of Social Services budget bill enables Medicaid eligible individuals who are in nursing homes, or who meet nursing home level of care criteria, to have a choice of Medicaid State Plan personal care options including the consumer directed model. This allows Missourians with disabilities that qualify for home and community based services to choose their model of care. Consequently there is no waiting list for the Consumer-Directed Medicaid State Plan Personal Assistance Services program.

The growth in the Medicaid State Plan program along with the addition of the Independent

2005-2007 MO SPIL Attachment I

Effective Date: October 1, 2004
Living Waiver program has created a subsequent need for expansion in service capacity for DVR and the CILs. The addition of staff, new roles for current staff and the related training issues combined with the systemic changes required to ensure quality through effective and efficient service delivery create significant challenges for DVR, CILs and the SILC.

Objective 8.1: At no additional cost annually, the SILC will assign the Quality Assurance/Consumer Satisfaction Committee to review and if necessary improve the PAS Outcomes tool in partnership with the SILC and the DSU’s.

Objective 8.2: At no additional cost annually, the SILC will advocate and DVR will work to educate legislators for increased state appropriations for the Non-Medicaid Eligible and Independent Living Waiver programs and work toward increasing adequate funding for the maintenance and projected growth in the Medicaid State Plan program to improve service capacity for all PAS programs statewide. This goal of this objective will be to accomplish this over the life of the SPIL, one third or greater over each year of the current SPIL.

SILC TECHNICAL ASSISTANCE FUNDS

Objective 8.3: At no additional cost, the SILC will assign the Budget and other committees as appropriate to work with DVR to establish guidelines for the technical assistance fund until such time as the 501(c)(3) is established.

Objective 8.4: At no cost, the SILC will have a standing committee to review PAS program policy and attend quarterly PAS meetings and other meetings as appropriate to solicit input.

EMERGENCY MANAGEMENT

Objective 9.1: At no additional cost, the SILC and DVR will continue their involvement in disability initiatives regarding emergency preparedness and working with SEMA.

VOTING ACCESSIBILITY

Objective 10.1: At no cost annually, the SILC will be kept apprised of Help America Vote Act (HAVA) activities by the SILC Chair quarterly.

REHABILITATION SERVICES FOR THE BLIND

BACKGROUND

Staff of Rehabilitation Services for the Blind (RSB) process referrals and applications, determine eligibility or ineligibility of consumers for services, provide, authorize, coordinate and evaluate services for individuals who receive Independent Living (IL) services from RSB. Services are based upon the objectives identified in the Independent Living Plan (ILP) as jointly developed by the consumer and agency staff.

PART B, CHAPTER 1
EXTENT

RSB provides core services as described in the Rehabilitation Act, as amended in 1992, and which include information and referral services, independent living skills training, peer counseling (including cross-disability peer counseling) and individualized and systems advocacy.

RSB staff, in accordance with the State Plan will provide, as appropriate, the following Independent Living services:

1. Counseling services, as provided by agency staff including personal adjustment counseling, peer counseling and advocacy;

2. Adaptive housing services -- accommodations to/Modification of space occupied by individuals with significant disabilities;

3. Rehabilitation technology to include but not limited to such items as non-electronic aids and appliances, Braille, large print, talking watches, check-writing guides and canes;

4. Mobility training;

5. Services and training for individuals with cognitive and sensory disabilities, including life skills training, and interpreter services;

6. Surveys, directories, and other activities to identify appropriate housing, recreation opportunities, and accessible transportation, and other support services;

7. Consumer information programs on rehabilitation and independent living services available under this Act, especially for minorities and other individuals with disabilities who have traditionally been un-served or underserved.

8. Education and training necessary for living in the community and participating in community activities;

9. Transportation including referral and assistance for transportation when in support of other IL services provided by the agency;

10. Physical rehabilitation to include provision of needed prostheses and other appliances and devices is limited to $500.00 per individual.

11. Recreational activities limited to provision of materials in accessible medium.

12. Training to develop skills specifically designed for youths that are individuals with significant disabilities to promote self-awareness and esteem, develop advocacy and self-empowerment skills, and explore career options;
13. Services for children with significant disabilities provided by agency staff include parental counseling, guidance, and education, information and referral, individual and systems advocacy, consultation to other public and private entities providing independent living or educational services.

14. Services under other Federal, State, or local programs designed to provide resources, training, counseling, or other assistance of substantial benefit in enhancing the independence, productivity, and quality of life of individuals with significant disabilities;

15. Community awareness programs to enhance the understanding and integration into society of individuals with disabilities.

SCOPE

Core services are accomplished through the active participation of agency staff and consumer organizations in direct services to clients, as well as, consumer involvement in the development of RSBs annual strategic planning process which addresses areas such as advocacy; employment; and personal, social, economic and educational needs of the individuals served by the agency.

RSB utilizes other state and local agencies though the purchase of services or referral processes. These agencies include the Family Support Division, Department of Elementary and Secondary Education, Division of Aging, Department of Health, Wolfner Library for the Blind and Physically Handicapped, Springfield Association for the Blind, and St. Louis Society for the Blind, as well as local chapters of the National Federation of the Blind of Missouri, and Missouri Council of the Blind, an affiliate of the American Council of the Blind. As appropriate, rehabilitation teaching staff will refer consumers to RSBs vocational rehabilitation program (which includes supported employment services) or for services under the grant for Older Individuals who are blind.

PART B, CHAPTER 2

EXTENT

Rehabilitation Services for the Blind (RSB) staff in accordance with the State Plan and the grant for Independent Living Services for Older Individuals who are Blind will provide, as appropriate, the following Independent Living Services:

1. Counseling services as provided by agency staff including personal adjustment counseling, peer counseling and advocacy;

2. Mobility training;

3. Training for individuals with cognitive and sensory disabilities, including life skills training and interpreter services;
4. Consumer information programs on rehabilitation and independent living services available under the grant especially for minorities and other individuals with disabilities who have traditionally been un-served or underserved;

5. Education and training necessary for living in the community and participating in community activities;

6. Transportation including referral and assistance for transportation when in support of other IL services provided by the agency;

7. Physical rehabilitation is to low vision aid evaluations, hearing evaluations, diabetic evaluation and training;

8. Provision of needed appliances, devices, magnifiers, and a $2500.00 limit on visual restoration that includes glasses having a 3.5X or higher magnification;

9. Services under other Federal, State, or local programs designed to provide resources, training, counseling, or other assistance of substantial benefit in enhancing the independence, productivity, and quality of life of individuals with significant disabilities;

10. Community awareness programs to enhance the understanding and integration into society of individuals with disabilities.

SCOPE

Services will be provided to individuals in the general community, senior citizen housing projects, residential care facilities, retirement homes, and to those who attend senior citizens functions. As appropriate rehabilitation teaching staff will refer consumers to RSBs vocational rehabilitation program, for services under Chapter 1 Part B, and to the Prevention of Blindness Program.

Services will be delivered on an individual "in-home" basis as well as through the low vision resource centers. There are eighty-one (81) low vision resource centers located in fifty-nine (59) counties throughout the State.

Outreach to under-served and un-served minorities will be a part of this effort and included in the scheduled statewide town meetings and audio/video informational tapes.

A steering committee comprised of consumers and other interested persons has responsibility for reviewing project activities to insure that services are administered and delivered as outlined in the grant proposal.

Mississippi State University Rehabilitation Research and Training Center on Blindness and Low Vision has been contracted to conduct evaluation activities for the Independent Living Services to Older Individuals Who are Blind Grant.
Entities which work with RSB through cooperative agreement, referral, or service delivery as indicated above under scope of services for Part B, Chapter One will be available as applicable to individuals receiving services under the Older Individuals who Are Blind Grant.

It is estimated that approximately sixteen hundred (1600) individuals per year will receive one or more of the above services.

**Statewide Network of CILs (Section 13)**

**A. Network Design**

The State of Missouri currently has a network of 21 freestanding CILs – each having their own Board of Directors. The CILs have catchment areas, which cover all counties of the state.

Centers that comprise the Missouri statewide network include:

1. Northeast Independent Living Services (Hannibal).
2. Rural Advocates for Independent Living (Kirksville).,#+
3. Services for Independent Living (Columbia).*
4. Disabled Citizens Alliance for Independence (Viburnum).*#
5. Disability Resource Association (Crystal City).
6. The Independent Living Center (Joplin).#+
7. Independent Living Center of Southeast Missouri (Poplar Bluff).
8. SEMO Alliance for Disability Independence (Cape Girardeau).+
9. Living Independently for Everyone (Farmington).
10. Midland Empire Resource for Independent Living (St. Joseph).#+
11. Access II (Gallatin).
12. The Whole Person (Kansas City).*#
13. Paraquad (St. Louis).*#
14. Bootheel Area Independent Living Services (Kennett).#
15. Southwest Center for Independent Living (Springfield).+
16. On My Own (Nevada).#
17. Ozark Independent Living (West Plains).
18. Independent Living Resource Center (Jefferson City).
20. Tri-County Center for Independent Living (Rolla).
21. Delta Center for Independent Living (St. Charles).

All centers receive State IL funds, however nine centers receive Federal funding as denoted above.

* Denotes Federal Title VII, Part C Funds
+ Denotes Federal, Title VII, Part B Funds
# Denotes Centers with branch or satellite offices

This network is geographically dispersed throughout the entire State. All Title VII, Part C Funds
used in the State of Missouri have and will continue to support only consumer controlled organizations.

RSB operates an Independent Living Program that complements the network of CILs. As blindness is a low-incidence disability, with a resulting high demand for the expertise of the few persons qualified to provide blindness-specific rehabilitation services, there is a large demand for staff who can work with consumers in their home environment.

B. Priorities for the Use of Title VII, Part C Funds.

Plan for the Existing Funded Network

Funding for the existing CIL’s is below adequate levels. Refer to the table in Objective 3.2.

Objective 11.1: The SILC and DSUs will work jointly in educating Missouri Legislators to become acquainted with and adhere to the priorities for use of new monies as outlined in this plan. A SILC representative will attend the Appropriation Committee Meetings and the SILC Chair will send a letter to the Governor with the SILC’s approval regarding these issues.

Objective 11.2: At no cost annually, the Service Capacity Committee will utilize the most current 704 Report and census data available to determine priorities for funds. The table below will be used to identify un-served and underserved populations.

<table>
<thead>
<tr>
<th>Served</th>
<th>Unserved</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Population and number with significant disabilities have been identified, analyzed, and evaluated.</td>
<td>a. No data has been collected. There is only a general sense of population numbers.</td>
</tr>
<tr>
<td>b. Types and levels of need for IL supports and services have been identified.</td>
<td>b. Essentially no detailed information has been obtained about needs.</td>
</tr>
<tr>
<td>c. Contact persons or organizations have been established to serve as referral sources.</td>
<td>c. There is no designated contact or referral publicity.</td>
</tr>
<tr>
<td>d. Newsletters and mailings are sent to major disability organizations and agencies.</td>
<td>d. There is no organized distribution of newsletters or other mailings.</td>
</tr>
<tr>
<td>e. Needs and perceptions of consumers are represented on the CIL Board.</td>
<td>e. There is no formal or organized representation on or input to the CIL Board.</td>
</tr>
<tr>
<td>f. IL Core Services are readily available, with a substantial array of supports and services provided in proportion to the consumer population and identified need.</td>
<td>f. IL Core Services are not usually available and are not provided proportionally to the consumer population and need.</td>
</tr>
<tr>
<td>g. CIL Board, staff, and volunteers have prioritized community needs and are visibly involved in community activities to address them.</td>
<td>g. Community needs are only addressed occasionally, with sporadic availability and involvement of CIL Board, staff, or volunteers in community activities.</td>
</tr>
</tbody>
</table>

Table is referenced from the Michigan 2002-2004 SPIL.
Plan for the Development of New CILs

A corridor west of St. Louis had been identified by CIL staff reports as being the most underserved portion of our state. Therefore, a branch office called Heartland was established with the intention of that branch office becoming an independent CIL with the appropriate funding necessary to support that CIL. The SILC and DSUs will work jointly for funding for Heartland to serve Franklin, Gasconade and Maries counties.

**Objective 12.1:** At no cost annually, the SILC and DSUs will continue to work jointly for funding for Heartland to serve Franklin, Gasconade and Maries counties. The SILC will request for funding for Heartland to be a fully funded Center.

**Objective 12.2:** The SILC and DSUs will work jointly in advocating with other SILCs nationwide for a change in funding formula of any new Part C monies.
ATTACHMENT 2

PLAN FOR THE PROVISION OF RESOURCES TO THE SILC

The activities of the Missouri Statewide Independent Living Council (SILC) will be supported with monies from Title VII, Part B. Funds will be allocated as follows:

SUPPORT OF THE SILC:

SILC Meetings
Includes: Meeting rooms, Member travel and meals, Attendant services, Reader services, Information and materials in accessible mediums, Interpreter and real-time services, equipment and supplies

SILC Committee Meetings
Includes: Meeting rooms, Member travel and meals, Attendant services, Reader services, Information and materials in accessible mediums, Interpreter and real-time services, equipment and supplies

SILC SPIL Objectives
Includes: Expenditures relating to SPIL Objectives

SILC Conference Expenses
Includes: expenses relating to SILC members attending conferences

SILC Other Expenditures
Includes: SILC brochures, recognition awards, etc.

FY 2005
$25,000 VR
$  9,898 RSB
$34,898 Total

SILC Meetings $6,000
SILC Committee Meetings $2,500
SILC SPIL Objectives $10,948
SILC Conference Expenses $14,950
SILC Other Expenditures $500

FY 2006
$25,000 VR
$  9,898 RSB
$34,898 Total

SILC Meetings $6,000
SILC Committee Meetings $2,500
SILC SPIL Objectives $10,948
SILC Conference Expenses $14,950
SILC Other Expenditures $500

FY 2007
$25,000 VR
$  9,898 RSB
$34,898  Total

SILC Meetings $6,000
SILC Committee Meetings $2,500
SILC SPIL Objectives $10,948
SILC Conference Expenses $14,950
SILC Other Expenditures $500

Allocation for DVR staff salaries proportionate with duties specific to the SILC and equipment and supplies required to carry out said duties.

<table>
<thead>
<tr>
<th>Year</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>FY 2005</td>
<td>$45,692</td>
</tr>
<tr>
<td>FY 2006</td>
<td>$45,692</td>
</tr>
<tr>
<td>FY 2007</td>
<td>$45,692</td>
</tr>
</tbody>
</table>

The activities of the Missouri State Independent Living Council (SILC) will be supported by the Rehabilitation Services for the Blind (RSB) with State funding for clerical support:

<table>
<thead>
<tr>
<th>Year</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>FY 2005</td>
<td>$13,498</td>
</tr>
<tr>
<td>FY 2006</td>
<td>$13,498</td>
</tr>
<tr>
<td>FY 2007</td>
<td>$13,498</td>
</tr>
</tbody>
</table>

As other funds and/or funding sources become available, the SILC may elect to use some or all of such funds for support of the SILC. Efforts should be made by the SILC to secure such additional funding, with priority given to increasing the amount of funds available for development, training, and support.
ATTACHMENT 3
EVALUATION PLAN

The SILC including the DVR and RSB will meet on a quarterly basis. Committees will work on the identified objectives outlined in Attachment 1 of the SPIL. Committee chairpersons will present quarterly reports to the SILC regarding progress on their respective objectives. In addition, they will submit an annual report to the SILC which will be utilized to determine progress and future plans on each objective. Modifications of objectives will be made on an as-needed basis. At any point where major changes are made on the objectives, an amendment of the SPIL will be required.

DVR will monitor all CILs that receive Title VII Part B and State funds. Monitoring will consist of onsite visits to each CIL on a minimum basis to evaluate the CILs compliance with section 725 of the Rehabilitation Act, consumer satisfaction and fulfillment of requirements stated in their grants.

DVR staff will review consumer case records, interview CIL staff, board members and consumers.

All CILs that receive Part B or State funds will develop monitoring systems that comply with the 704 Annual Performance Report, Part II, to be submitted to the DSUs for completion and to the SILC for review and signature.

CILs receiving Title VII Part C funding will submit a copy of their approved grant, and a copy of the 704 Annual Performance Report, Part II, to the SILC for review.

This will provide:
(1) evaluation of the CILs compliance with section 725 of the Act;
(2) information about the people the center served and the services provided by the center;
(3) a copy of the center's work plan for next fiscal year;
(4) detailed budgets for the remaining years of each center's grant;
(5) a comparison of the services, activities, and accomplishments of the past fiscal year with those projected in that year's work plan;
(6) identification of the centers technical assistance and training needs for next year.

The SILC has developed a monitoring instrument in cooperation with the DSUs which measures consumer satisfaction with IL services provided and received in the state. DVR will report on the data annually and provide complete reports to the SILC and the CILs. Town meetings may be held as part of the co-training between DSUs and CILs. Consumers of IL services will be invited to attend and provide feedback regarding services they have received.

Objective 13.1: At no cost annually, the SILC and DSUs will review and if necessary improve a suitable Outcome Measurement model.
The objectives outlined in this SPIL will help to structure future task force and committee work of the council. Public meetings will be held statewide prior to the submission of the next SPIL. The purpose of these hearings will be to obtain feedback from Missourians with disabilities regarding their satisfaction with the performance of the DSUs and SILC in carrying out their identified objectives. Furthermore, testimony regarding the need and interest will be obtained to develop the next SPIL.

The Independent Living Services 704 Report Part I will be used to annually monitor:

- Increase in number of individuals under age fourteen served;
- Consumer satisfaction with timeliness of RSB services;
- Consumer satisfaction with services to individuals under age fourteen; and
- Number of mentor/mentee matches.

The Independent Living Services to Older Individuals Who are Blind 704 Report will be used to annually monitor:

- At least sixteen hundred (1600) individuals are served.
- Establishment of volunteer reader program;
- Number of mentor/mentee matches;
- Number of town meetings held in areas that are rural and those which have large numbers of individuals who are minorities; and
- Completion/distribution of video/audio tapes.

Report from RSB Prevention of Blindness Program on Vision Screening Clinics will be used to annually monitor:

- Number of clinics held in areas that are rural and those having minority individuals; and
- Number of individuals served who are minorities.
ATTACHMENT 4: POLICIES, PRACTICES AND PROCEDURES FOR AWARD OF GRANTS UNDER SECTION 723

Section 8, and Attachment 4, does not apply to Missouri because it is a 722 State. RSA administers the title VII, Part C program.